

# BOW VALLEY RESOURCE

Including Arrowwood, Milo, Queenstown, Shouldice and Mossleigh



Volume 2, No. 22

ARROWWOOD, ALTA., JANUARY 19, 1933

Subscription \$2.00, U.S.A. \$2.50

## An Enjoyable Evening at the Ward Home

A large number of the young folk of the district were entertained at the home of Mrs. M. Ward Friday evening, when the Misses Roby, Audrey and Shirley Ward entertained. The evening was spent in dancing with games forming a variation in the program. Supper, consisting of delicious ice cream cake, and coffee was served about 12.15 o'clock after which dancing continued until nearly 3 p.m. when the crowd dispersed from a very enjoyable evening.

## Province Pays Interest

Holders of provincial savings certificates received their usual annual dividend in the shape of interest cheques during the past week, covering interest on demand certificates for the past year. A total of 7,149 cheques have been mailed out by the Provincial Treasury Department, covering a total of \$306,125.68 interest payments.

Karen interest has been shown by depositors in the new savings plan inaugurated by the Treasury Department last April in making available certificates for deposits at 5 per cent. There has been a gratifying response to this plan many depositors taking advantage of it.

## Coal Production

Alberta's total coal production for 1932 to the end of November was 4,516,822 tons, an increase of nearly half a million tons over the same period of 1931.

The average elevation of the earth's surface is 3300 feet.

## Shouldice Waves

The annual ratepayers meeting of the Shouldice School District was held Saturday, January 14, with a fair representation present; Mrs. S. Weber being elected trustee for three years.

The Misses Edith and Edna Harp entertained the Shouldice School children at a house party Friday evening from seven to ten-thirty p.m. All reported a good time.

Social evening in Shouldice School Hall on Saturday January 21st, Cards and dancing.

Who said we would have no cold weather this winter? (?)

Due to the cold weather school opened Monday morning with only seven pupils present.

The officers elected by the Shouldice School Board for 1933 were: Chairman, Mr. A. B. Smith, Sec-Treas., Mrs. G. Williams.

Our definition—A hen-pecked husband is one who sometimes in the past was married to a chicken.

## B.Y.P.C. NOTES

The B. Y. P. C. held their class meeting and social at the home of Mr. and Mrs. C. F. Culp on December 30th with about twenty-five members present.

The business meeting was called to order during which the general business of the class was discussed. The remainder of the evening was spent in games enjoyed by all. At midnight a delightful lunch was served and was heartily enjoyed by everyone after which all departed to their respective homes.

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## Successful Bonspiel Will End Today

The Annual Bonspiel of the Arrowwood Curling Club will be brought to a successful conclusion this afternoon, when the final game in the Consolation will be played off by Jack Beagle and Hursh. Although weather conditions were not favorable for the curlers during the first few days of the 'spiel, the latter part has been ideal for the game, and every one came back with added enthusiasm. The three events were smoothly run-off and the Secretary, Jack Beagle, is to be congratulated on his success. Camerak Mankin put forth every effort to have excellent ice for each draw.

## High Points in the Life of Calvin Coolidge

Born, Plymouth, Vt., July 4th, 1872.

Entered Amherst College in 1891.

Commenced practice of law in 1897.

Married Grace Anna Goodhue, October 4, 1905.

Mayor of Northampton, Mass., 1919-11.

State senator, 1911-12 and 13.

President of state senate 1914-15.

Lieutenant Governor of Massachusetts 1916-18.

Governor of Massachusetts 1918-20.

Elected vice-president of the United States, 1921.

Inducted as president of the United States, July 4, 1923.

Elected to presidency, Nov. 1924.

Issued famous, I do not choose to run, statement August 2nd 1927.

Retired to Northampton in March 1929.

Died at Northampton.

## Two Die When Car Plunges Into Lake

On Saturday Jan. 14th, the sad news was flashed over the wires of the terrible accident that befell Mr. and Mrs. W. Androsoff, parents of Fred, John and Will Androsoff, who reside about two miles South West of Mossleigh. The sad fate of this highly respected aged couple is regretted by the entire community. Full details are missing, but we quote from the recent Calgary Herald despatches.

Nelson, B.C., Jan. 14.—Two persons were dead Saturday and three were recovering from shock and chills as result of the auto in which they were travelling from Arrowwood, Alberta, to Brilliant, B.C., plunging into the west arm of Kootenay Lake Friday night.

The dead were Mr. and Mrs. Wasyly Androsoff, aged Doukhobor couple who lived at Arrowwood. The three who survived were: William Chernobiboff, Joe Novak and William Fonofoff, driver of the car.

In route to visit friends, the party reached Nelson without mishap. Fonofoff, driving, was believed by police to have taken the approach to the ferry as an approach to a bridge. The car skidded as the brakes were applied when open water was sighted, nosed toward the edge and then plunged into water fifteen feet deep.

Chernobiboff and Novak escaped through a broken window and reached the ferry landing. Mr. and Mrs. Androsoff were trapped in the car, and their bodies were recovered when the car was raised.

A meeting of the Directors and all those interested in the School Fair will be held in the Arrowwood School on Thursday, Jan. 26th, at 8 p.m.

Mrs. McBride, Mrs. M. H. Ward, Mrs. Lewendon and Mr. and Mrs. MacLeod left Monday to attend the U.F.A. and U.W.A. convention in Calgary January 17th to 20th.

Mr. and Mrs. Jas. McInerney of Trochu, were Sunday visitors at the home of Mrs. Frank McInerney.

Mrs. McInerney will remain here for some time on account of the illness of her mother who lives near Mossleigh.

The Brothman Ladies' Aid met at the home of Mrs. John Mason last Thursday. The election of officers took place. The Aid meets again today at the home of Mrs. E. C. Bowman.

At a meeting of the ratepayers of the Woodarrow unit of the Arrowood Consolidated School district was held at home of Mr. F. Army last Tuesday, Mrs. F. E. Hall was elected to fill the vacancy on the school board caused by the retirement of Mr. Army whose term had expired.

Acting President—Mrs. R. H. Bishop.

Secretary-Treasurer—Mrs. R. Fonger.

Vice-President—Mrs. G. F. Kemper.

Directors—Messadines MacLeod, R. Hill, T. T. Williams.

Press Reporter—Mrs. E. Lewendon.

A report on the White Christmas was given by Mrs. Kemper. Mrs. Kemper was also appointed to interview the Young People's Society re putting on a play. The meeting then adjourned. The hostesses serving a delicious lunch.

Japan now has 1,500 movie theatres.

## Guild Meets at the Home of Mrs. C. Jones

The Ladies' Guild of the United Church met at the home of Mrs. Gaylen Jones, with Mrs. G. Leith assisting. The meeting was opened by all repeating the 23rd Psalm. The Secretary gave her annual report and reported on the turkey supper and harvest sale which were accepted. The election of officers then took place resulting as follows:

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Secretary-Treasurer—Mrs. R. Fonger.

Vice-President—Mrs. G. F. Kemper.

Directors—Messadines MacLeod, R. Hill, T. T. Williams.

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## TRAIN SCHEDULE AT GLEICHEN

|                 |           |
|-----------------|-----------|
| No. 1 Westbound | 9.10 a.m. |
| No. 2 Westbound | 9.20 a.m. |
| No. 2 Eastbound | 4.32 p.m. |
| No. 4 Eastbound | 7.32 p.m. |

Arrowwood

West bound, Tues., Thurs., 1 p.m.

East bound, Wed., Fri., 1.30 p.m.

## Local and Personal

Miss Vera Heesketh spent the week-end with Miss Inez Shatto.

Social Evening, Shouldice Saturday, Jan. 21st. Cards and dancing. Gents (including supper) 25 cents. Ladies free. Everybody welcome.

Entries for the Regina grain show next summer close Jan. 31, and it is expected there will be some 200 entries from Alberta.

Mr. and Mrs. J. Dunika returned Sunday from East Coulee, after visiting their son for a couple of days.

The Red Cross hockey club will play the Arrowwood team on local ice Saturday at 7.30 p.m.

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## The Curling Club's Turkey Supper a Successful Event

The Arrowwood Curling Club's Turkey Supper last Thursday was another successful event, with both town and country folk supporting the venture. The holders of the lucky tickets were—Mrs. Lawrence Larsen, Mrs. H. Brown and Adelma Beagle. Mrs. Larsen winning a salad bowl, Mrs. Brown a cream and sugar set and Adelma the ham.

The net sum of \$33.50 raised from the supper will swell the coffers of the Curling Club and help them in their financial problems.

## Hockey Notes

### Red Cross 3-Mossleigh 6

Displaying a superior brand of hockey, the Mossleigh club went on a scoring spree Thursday day last when Red Cross were blundered a 6-3 setback at the Arrowwood rink. Sharp-shooting and consistent back-checking by the Mossleigh forwards established an early lead which was maintained throughout the game. Willard Love in the Red Cross fort seemed to have an off-night and several easy goals were made by Mossleigh. Hansen, D. McCollum, J. Leslie, H. Leslie, R. Leslie, F. Elkins, Christy and McCullough.

Mossleigh—Hansen, F. McCollum, D. McCollum, J. Leslie, H. Leslie, R. Leslie, F. Elkins, Christy and McCullough.

### Arrowwood Market Prices

|            |    |
|------------|----|
| Wheat      | 24 |
| 2 Northern | 23 |
| 3 Northern | 21 |

|        |    |
|--------|----|
| Oats   | 9  |
| Barley | 11 |

|                 |    |
|-----------------|----|
| Flax            | 50 |
| Butter and Eggs | 12 |

|                 |    |
|-----------------|----|
| Eggs, per dozen | 12 |
| Steers—         |    |

|                 |        |
|-----------------|--------|
| Good and choice | \$2.50 |
| Common          | 2.00   |

|         |      |
|---------|------|
| Calves— |      |
| Good    | 2.75 |

|        |      |
|--------|------|
| Common | 2.00 |
| 1.75   | 2.00 |

|       |      |
|-------|------|
| Cows— |      |
| Good  | 1.60 |

|        |      |
|--------|------|
| Common | 1.25 |
| Lambs— |      |

|                 |      |
|-----------------|------|
| Good handy wgt. | 3.75 |
| Sleep—          |      |

|                 |      |
|-----------------|------|
| Good handy wgt. | 2.00 |
| Hogs—           |      |

|              |      |
|--------------|------|
| Select bacon | 3.25 |
| Common       | 2.50 |

|          |      |
|----------|------|
| Butchers | 2.25 |
| Common   | 2.00 |

Alberta's Health Condition

General health conditions in Alberta during the past year have been the best on record, according to reports of the Provincial Health Department, a new high mark for communicable diseases having been established. The year's death rate 7.8 per 1000, was somewhat lower than the previous year, while infant mortality showed a marked improvement, being only 58 deaths under 1 year of age, in each 1,000 births, compared with the rate of 67 deaths per 1000 the year before.



Last year Jack Beagle defeated Cook in the Merchants Competition





# FIRESTONE Gum Dipped TIRES



**Use Firestone  
Tires and  
Enjoy the  
Extra  
Strength  
Extra  
Safety and  
Extra Service**

Every Firestone  
Tire carries a life-  
time guarantee  
against any defects  
in material and  
workmanship.

**Call in and See These Tires**

Smooth Tires and Slippery Roads are a Bad Combination



## Larsen Implements

House of Service Arrowwood and Mossleigh

### Arrowwood United Church

Rev. V. M. Gilbert, Minister

Sunday, Jan. 22

11.00 a.m. Church School.  
11.45 a.m. Morning Worship

### "Mark of Success"

Come and Worship  
With Us.

### Church of the Brethren

10.30 a.m. — Sunday School.  
1.30 a.m. — Morning  
Rev. J. H. Brubaker will speak

**I**t is better to have insurance and not need it, than to need it and not have it. **See Omer Larsen**

### E. D. ARCHAMBAULT

**Barber - Arrowwood**  
Patronize Home Industry  
Keep the Money in Our Own Town

### Arrowwood Barber Shop

## Hockey Supplies

**C. C. M. Skates**  
Skates  
Sticks  
Pucks  
Boots  
Etc.

### L. H. Phillips

**HARDWARE**

Arrowwood Alberta

and decayed and unfit for food. "Why couldn't I have had it?" she added. "Why couldn't the old folk have had a decent Christmas?" Would it have cost anyone any more than to let the turkey go?

And yesterday, with a little money her husband had earned and some she had borrowed, the good lady had walked into town again to interview the water department. "If we were on the relief," she told The Province, "there would be no question of turning off our water. If we didn't own our house the city would see that we were not put out, and there would be no taxes to pay and no mortgage interest. If my husband had no job, he wouldn't need to wear out his clothes as he does, and he wouldn't and he wouldn't need car fare to reach the waterfront every morning—he has to go there whether there is work or not. And we would be getting relief which would be just as good as our husband earns. But we try to keep our heads up, and struggle along, and the stores which have had thousands of our dollars in the past fifteen or twenty years cut off our credit because we are slow, and the city which has had our taxes, and our property as well, sends to cut off our water. And the turkey which would have been so good, could we have had it? It costs because there is no purchaser.

"We aren't Reds and we aren't Bolsheviks. We are Canadians and we are British Columbians. But we feel there is something wrong with the system that allows these things. Can't you do something to change it?" —Vancouver Province.

### Skating Schedule

Monday  
7—10 General Skating

Tuesday  
3:30—5 Children 12 years and under

6:30—7:30 Senior Hockey practice

7:30—10 General Skating

Wednesday

3:30—5 Junior Hockey practice

6:30—7:30 Girls Hockey practice

7:30—9 General Skating

9—10 Senior Hockey practice

Thursday

3:30—5 Skating 12 years and under

6:30—7:30 Senior Hockey practice

7:30—10 General Skating

Friday

6:30—9:30 Senior Skating

7:30—9:30 Senior Hockey practice

Saturday

10:30—11:30 Jr. Hockey practice

2—5 General Skating

7—10 General Skating

Sunday

2—5 General Skating (Season ticket holders only)

Children 12 years and under are kindly requested to leave the rink at 9 p.m.

All skaters are requested to co-operate in closing the rink at the proper time, thus curtailing extra expense in light, etc.

For information and tickets see Mr. N. Lord.

### Milk or Cream

Any Quantity—Any Time

RATES FOR QUANTITY LOTS

Satisfaction Guaranteed

Phone Orders to the Vanoli Family 415.

**ARROWWOOD DAIRY**

Our Dairy is Older than This Town

Let us order your

COUNTER CHECK BOOKS

Come in and see our samples

**BOW VALLEY RESOURCE**

Arrowwood

## HEALTH



### Acid and Alkaline Foods

We all know the game of see saw; one side of the board goes down and the other goes up unless the weights on both ends are equal, when the see-saw remains balanced.

We play a form of see-saw game with our foods. One side is made up of acid-forming foods; the other side of alkaline. Neither one should be greater than the other, for good health requires that a reasonable balance be maintained between the two.

We cannot tell from the taste of foods whether their effect will be acid or alkaline in the body. After the foods have been digested and used up, there remains a residue or ash, and it is the reaction of the ash which decides whether the food is acid or alkaline in its effect upon the body.

Fruits which are commonly thought of as acids are, as a matter of fact, alkaline foods because they leave an alkaline ash. Prunes and cranberries are fruits which are an exception to the general rule; they are acid-forming.

In addition to fruits, vegetables and potatoes are alkaline foods. Meat, eggs and cereals are acid foods. Milk, fat and sugar are practically neutral.

The body is able to adjust itself in a remarkable way to an excess of either group. There are, however, limits to its power and there is no reason why it should be unduly called upon to exercise it when a proper selection of foods will make sure that the balance will be readily maintained.

It is in winter that we are most apt to overeat of acid foods. Fresh fruits and vegetables may not be available at this season, with the result that the diet is built up of meats, eggs, potatoes, bread, pies and cereals, all of which are acid-forming, with the exception of potatoes. There is nothing wrong with any one of these foods, but a healthy body requires a variety ensuring that the diet shall be balanced in all its constituents including acid and alkaline foods.

From whatever point we come to consider diet, we find the need for a variety of foods. It is appreciated that it is not always easy to secure variety, but, in many cases where it is possible, no real effort is made to do so. When meals are being planned, it is well to remember the need for a variety of foods and the necessity for avoiding an excess of any one kind of food.

## Vegetables

Mike Deakoff who lives at the Colony, Shoultice, has for sale—Carrots, Turnips, Cabbage, Potatoes, Beets and Parsnips.

Orders delivered to Arrowwood or Queenstown.

Clocks, Watches, Spectacles, Sewing Machines, Typewriters and Gramophones

Cleaned and Repaired by an Expert worker with 40 years experience in Factories, Etc.

If you are contemplating the purchase of a new watch see me before doing so.

A. ANDERSON

Jeweler Arrowwood

## We Can Supply You With

- Cards
- Posters
- Envelopes
- Bill Heads
- Statements
- Memo Heads
- Letter "
- Butter Wraps
- Loose Leaf Work

## Bow Valley Resource

Let Us Order Your

-O-K-

### RUBBER STAMPS

PROMPT SERVICE

NATIONAL and CORPORATE SEALS  
Daters, Numberers,  
Pads, Etc.

Bow Valley Resource

### Try a "For Sale" Adv't in the Resource

## The WAGIN' TUNG

Vol. 2, No. 22 Arrowwood, Jan. 19 1933 Items for That

### Why Not Arrowwood?

The little hamlet of Gladys, situated some 15 miles west of Arrowwood, on a cross-road, has just completed and dedicated a hall. If there is a crying need of the hour it is a hall for our fair city. Are the business men and citizens going to sit idly around and not supply this much-needed place for Arrowwood? Let us have a get-together meeting and talk the matter over and see what can be done.

### Who is Tommy Thompson?

A few years ago Tommy Thompson, who had spent several years in a large garage in the west, decided he would try his luck in the far-famed wheat lands of Alberta and accordingly he purchased a farm in the Retlaw district which he still owns, but on account of the drought there he moved to a more favorable district, looking for employment during the winter and we were fortunate in securing him for our shop. Tommy has been with us long enough and his work is such that we do not hesitate to recommend him for your automobile and tractor repairs, whether it be mechanical or electrical. Then again there are several people here who knew him at Retlaw and they are all loyal to Tommy Thompson. Tommy is peculiar—he is peculiar in this way—the better you know him the better you like him. You had better come in and get acquainted with Tommy before he goes back to Retlaw, to put in the crop this spring.

Good Equipment Makes a Good Farmer Better

### Larsen Implements

"House of Service"  
ARROWWOOD and MOSSLEIGH